



Meridian

Newsletter of the Australian Chinese Medical Association of Victoria

澳洲維省中華醫學會

Dec 2013 Volume 10 Number 4

President's message



In a blink of an eye, we have reached the end of 2013, and the end of the Year of the Snake! On reflection, ACMAV has once again achieved another successful year thanks to the hard working committee.

I am sitting at The Chateaux, Deer Valley, Utah, at a conference organized by the current ACCMA president, Stephen Hing. Along with 40 other ACCMA members and their families, I am being educated in various topics by meeting "the experts". This of course was interspersed with skiing the picturesque slopes of Deer valley and Park City, along with a few scrumptious dinners!

The comradeship in working as well as playing together was clear evidence that we should all put some effort into being involved on occasion, with activities outside our families and immediate friends to broaden our horizons by meeting new and interesting people. This just adds to the colour and depth of our lives. I therefore urge you all to participate in ACMAV's 2014 activities.

In summary of 2013, we held successful seminars almost monthly, which were well attended. This is testament to our great speakers, delicious restaurants, and of course, the support from our sponsors. I'd like to extend a special thank you to our main sponsor, HSBC, with whom we have developed a working relationship over the years.

The penultimate event was our conference, held at the Park Hyatt, covering "Current controversies in medicine". This one day affair was successfully convened by Chris Leung, and was packed with information from experts in their field. Of course, the final banquet dinner at Shanghai Dynasty was well attended and prizes were drawn for participants.

January 31st heralds the Year of the Horse. The spirit of the horse is recognized to be the Chinese people's

ethos - making unremitting efforts to improve themselves. We will continue to adopt this attitude in 2014. Already we are working on the Charity Ball 2014, to be held at the Park Hyatt in September. Along with other activities at Federation Square, this promotes awareness of consequences of undiagnosed Hepatitis B, with aim of reducing the rapidly increasing incidence of liver cancer in Asian Australians.

The slow and arduous reconstruction of ACMAV Foundation continues, and hopefully we will have the ability to redevelop ACMAV House in the near future.

I hope that this year will bring new energy within our members—we need your input to make ACMAV work. I have just finished watching first, second and third going to the Chinese in the world championship aerial skiing and Li Na win the Australian Open. Let this year be a winner for the Australian Chinese Medical Association of Victoria!

"Coming together is a beginning; keeping together is progress; working together is success". Henry Ford
Dr Nicole Yap FRACS

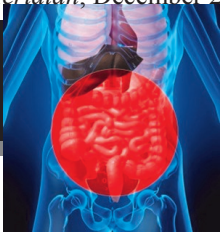
Jade Ribbon Campaign



The ACMAV is a keen supporter of the *Jade Ribbon Hep B Free* campaign, under the passionate direction of Vice President, Dr Chris Leung.

ACMAV Members, make yourself available for this worthy cause. There is FREE entertainment including soprano Shu Cheen Yum, Chao Feng Chinese Orchestra, Lion dancing and much more. The event will kick off at **Federation Square on March 2nd 2014, 11am -3pm**. Bring the family, get someone tested and you could save a life. Enquiries:

vicepresident@acmav.org

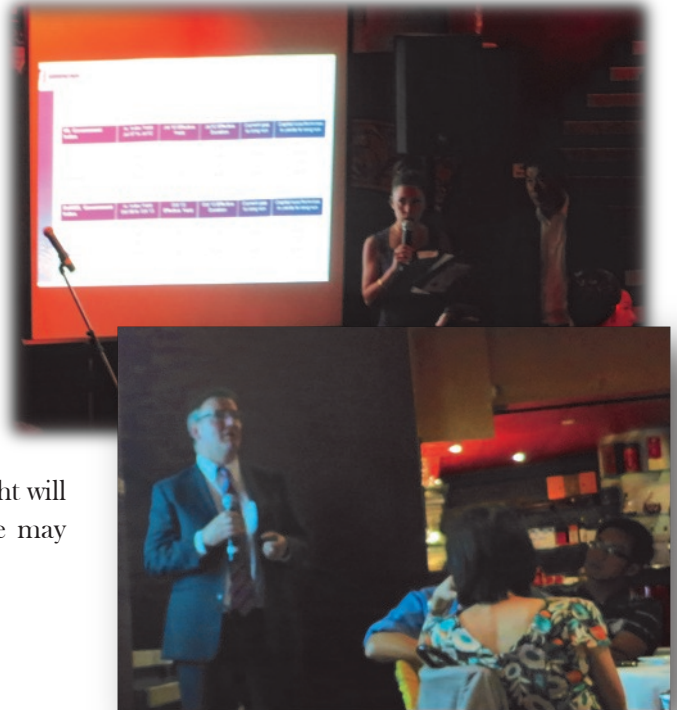


ACMAV Seminar program

WEALTH SEMINAR 2013

Staying Ahead of the Curve in 2014

The final seminar for 2013 was our traditional talk on money, and how to get the most out of it. Again, the ACMAV is most grateful for the sponsorship from HSBC in making this event possible. It was a compact and informative session, coupled with a classic duck menu from Quan-jude. A big thank you also to the speakers of the night—Mr Phil Manning, Senior Residential Property Advisor from WBP Property Advisory, and Mr Frank Uhlenbruch, Investment Specialist at Perennial Investment Partners Limited. Undoubtedly the sound financial advice of the night will only enhance the good fortune that the Year of the Horse may bring.

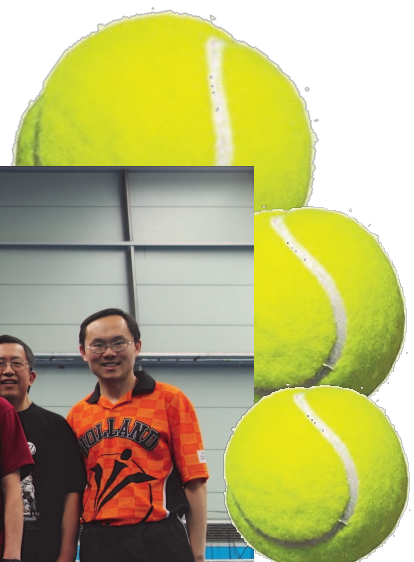


ACMAV Tennis Tournament 2013

Winners - Douglas Gin and Sem Liew.

Runners Up - Theodore Tang and Yu-Long Leow

A special thank you to David Chong (2nd left) who initiated and has been keeping this activity afloat for about 20 years!



Annual General Meeting

The ACMAV AGM was held in October 2013 at Tea Garden, Oakleigh. Due to the implementation of new taxation guidelines, the AGM has now shifted to October from April. Thank you to the members who attended. It was a pleasure to again report that the ACMAV financial situation continues to be a healthy one. It is no small effort to maintain this, so a hearty thank you to Dr Helena Ng, treasurer, for steering the ACMAV through tricky economic times. On this evening, we also inducted the newest Committee Member, Dr James Chiu, orthopaedic surgeon. James has already given us the upper limb talk, and we will greatly value his ongoing input to this association.



Chinese Lions Club Ball October 2013



The ACMAV has a longstanding partnership with the Lions Club of Melbourne Chinese Incorporated. This year, their Ball was held at Stars International Reception and Function Centre, Preston. It marked a special gathering with an international contingent from the Guangdong Lions Club. As befitting such an event, the entertainment starred local talent as well as a select group from Hong Kong showbiz. The evening was full to the brim with joviality, topped off by a truly generous seafood-based feast. The work of the Lions Club of Melbourne Chinese Incorporated benefits many in the local community, and the ACMAV is proud to be a part of this.

Advertisement

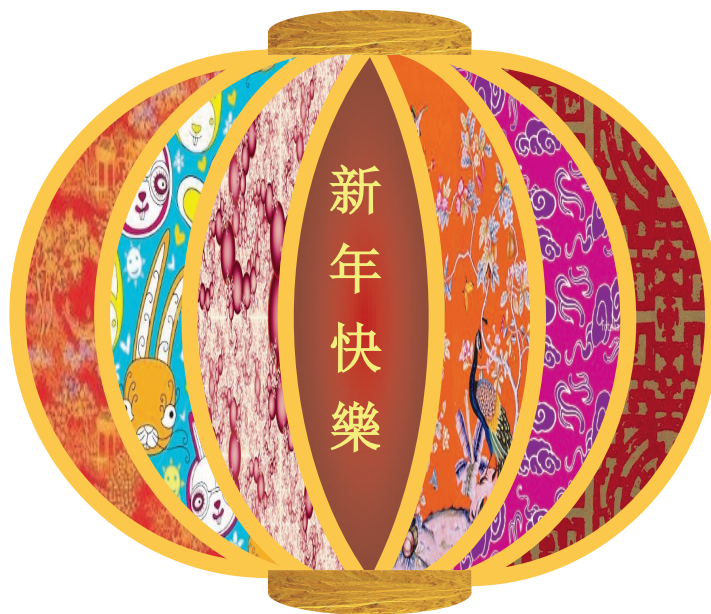


DALLAS CLINIC near Melbourne Airport
 VR FT/PT GP for computerized accredited practice.
 Mixed billings ensure good remuneration.
 Greater of \$130ph or 70% billings.
 Start from Feb 2014 short or long term.
 Contact Ken 0401 251 160 or dallasclinic@hotmail.com
 Must have no restrictions with provider number.
 Potential to join as associate. Ideal for 2x PT GP.

Events calendar

2014

Chinese New Year Yum Cha
Sat 15 Feb Dragon Boat Palace
1:30pm -3pm



ACMAV

President: Dr Nicole Yap
president@acmav.org

Vice-President: Dr Chris Leung
vicepresident@acmav.org

Secretary: Dr Lilia Ilina
secretary@acmav.org

Treasurer: Dr Helena Ng
treasurer@acmav.org

Past-President: Dr Theong Low
pastpresident@acmav.org

Committee Members:
Dr Jason Chuen Dr James Chiu
Dr Adrian Mar Dr Nora Lee
Dr Ken Leong Dr Sally Ng
Dr Cheryl Oh

Newsletter Editors:
Dr Nora Lee & Dr Chris Leung
meridian@acmav.org

Published by ACMAV Inc.
ABN 43 721 970 098

All correspondence:
ACMAV House
862A Canterbury Rd
Box Hill South VIC 3128
Tel: (03) 9899 6380
Fax: (03) 9899 6389
Web: www.acmav.org
Email: office@acmav.org

Printing Services:
Ivy Printing, 4 West St
Brunswick VIC 3056
Tel: (03) 9383 6833

Future edition copy deadlines
19 March 2013 17 June 2013
27 Sept 2012 16 Dec 2013

Statements or opinions expressed in this publication represent those of individual authors and not necessarily that of the ACMAV committee except where indicated. All material is covered by copyright by ACMAV and individual authors and must not be reproduced without permission.

est 1993

ivy printing

commerical • digital • design

Richmond 412 church st richmond vic 3121
t 03 9428 2215 f 03 9428 2235
e richprint@ivyprinting.com.au

Brunswick 4 west st brunswick vic 3056
t 03 9383 6833 f 03 9383 5833
e print@ivyprinting.com.au

business card standard size 90x55mm
offset print 2 side on art gloss 360gsm high-bulk
with options of finish (see below or call)

\$44/250	\$66/500	\$88/500
\$99/1000	\$77/1000	\$99/1000
digital plain finish	gloss cello 1 side	matt cello 2 side

options:

- non-standard size (offset) - extra \$11.00
- round corner - \$33.00/1K (min charge)
- discount on bulk orders

For a full range of price list, please check our website

www.ivyprinting.com.au