



Meridian

Newsletter of the Australian Chinese Medical Association of Victoria
澳洲維省中華醫學會

15 August 2008, Volume 5 Number 3

Kung Fu Panda Hits Home

Sunday 13th of July saw ACMAV hold a private screening of the new hit movie *Kung Fu Panda* at Palace Cinemas in Balwyn.

Many members brought their friends and family to enjoy the hilarity and awesome bodacity of this new movie from Pixar. It was such a convivial atmosphere that everyone laughed when a group of young children yelled out loudly "The Panda is coming to save them!"



ing to save them!"

Thanks to the efforts of Committee Member Michelle Goh, *Kung Fu Panda Day* was a complete success.

Since this was such a popular event, we can guarantee that it is only a matter of time before we host another one. Let us know which movie you would like to see next time by contacting the ACMAV office or a committee member.



Above: A generous crowd creates "Pandamonium" at Balwyn Cinemas. More *Kung Fu Panda* photos on Page 4.

Right: Timorese Health Minister Dr Nelson Martin, and ACMAV's Dr Theong Low.

Below: Attendees at the ACMAV Annual Conference.

Inset: Victorian AMA President Dr Doug Travis opening the conference.

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ACMAV Annual Conference

Draws Young And Old

The 2008 ACMAV Annual Conference was held at Manningham Function Centre on Sunday August 3rd and drew a large crowd of attendees.

The conference was addressed by Mr Doug Travis, Victorian AMA President, and also kindly attended by Dr Martin Nelson, Health Minister for Timor Leste (East Timor) and Mr Kevin Bailey, the Timorese Consul-General.

The programme, encompassing Geriatrics and Paediatrics, was well received - more details in the next issue of Meridian!





President's Message

“What does the AMCAV do?” This is the first question any prospective member will ask (and hopefully none of our existing members!). On answering, it does allow us to reflect on our present and future activities. The main purpose of the AMCAV is of course to provide a professional and social forum for those of us who share a Chinese heritage or interest in the Chinese community. A core function remains the organisation of educational Dinner Seminars and the Annual Conference, but it is gratifying to learn that our community based activities have attracted many new members to join in recent years. I would like to build on our established programs by expanding our activities to those targeted at the Chinese community. Some of these are outlined below.

Chinese Language (Mandarin) Lessons

These will be directed towards members who already have a basic understanding of Mandarin, but need upskilling in medical terminology. Mrs Ramona Chua, teacher and principal at the Chinese Association of Victoria (CAV) has agreed to collaborate with the ACMAV in this endeavour. Dr Peijian (Peggy) Zeng, our former ACAMV Treasurer, will join with Mr Joseph Yao, a teacher at CAV, in conducting these lessons. The first class will be on Saturday 25th October from 1-4pm!

Member Directory

The ACMAV is creating a directory of members to enable GPs and those in the community to access doctors with Chinese language skills. Although not all members will choose to be in the directory, I would hope that members would see this as providing a valuable service to the Chinese community.

Chinese Translation of Preventative Medicine book

Dr Tony Mariani, former President of the

Italian Medical Society of Victoria, has generously offered to share with the ACMAV the template for his book “Preventative Medicine”. This superb publication, written by local GPs and specialists, with text in both English and Italian, is targeted at the lay Italian community. By adapting this format, with the use of the book’s layout and illustrations, it is hoped that an equivalent text can at some stage be published for the Chinese community.

Chinese Community Radio

Having a presence on local Chinese radio will provide a community benefit while also raising the profile of the ACMAV. This project has not yet begun, but volunteers will be sought from the membership in due course!

Project China

Members will be aware (from the last edition of Meridian) of the tremendous work of our member Dr Gordon Low in founding and coordinating Project China over the past 20 years. Under the auspices of the College of Surgeons, Project China has enabled an increasing number of hospitals in China to forge links with institutions and individual surgeons in Australia, particularly Victoria. The ACMAV is in discussion with Dr Low as to how our organisation, and perhaps the ACCMA can benefit from establishing a direct relationship with selected hospitals within China.

The role of the ACMAV continues to evolve. Unlike many ethnic groups, we can observe an ongoing wave of immigrants of Chinese background, and we must where possible try to support the needs of this community. I hope, through the hard work of our Committee, that we will be able to deliver a diversity of activities for our members, and through some of these projects also assist the community.

Adrian Mar



ACMAV President Dr Adrian Mar with AMA Victoria President Dr Doug Travis at the ACMAV Annual Conference

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ACMAV Welcome to IMGs

Part of the ongoing recruitment drive for hospital and community doctors in Victoria involves settling International Medical Graduates into practice. This can be a daunting task for anyone – to uproot one's family, leaving friends and relatives behind, walking away from an established or promising career to settle in a faraway land where everything is foreign.

Therefore, the ACMAV committee has decided to formally welcome International

Medical Graduates, with a reduced IMG rate of \$55 per year (equivalent to student membership).

This rate will apply to IMGs until they have completed their AMC certification – which with a little help from our members should not take too long!

The ACMAV committee is also in the process of assembling a resource of material and contacts to help newly-arrived IMGs into local life and professional practice. If you are involved with AMC teaching, have contacts to assist clinical placements, or you are an IMG who has settled successfully with advice to give new arrivals, please contact the ACMAV committee or office to offer your services.

ACMAV.ORG

For all things ACMAV

Don't forget to check our website for up-to-date information about ACMAV events and activities, membership information, and past issues of ACMAV publications!



RACGP CPD Accreditation

Thanks to the hard work of Committee Member Dr Jason Oh, the ACMAV is now in a position to accredit its seminars for RACGP CPD points.

In order to qualify for CPD it is essential for attendance to be correctly recorded and feedback forms completed where requested. Where not automatically provided, attendance and CPD certificates will be issued from the ACMAV Office upon request.

Chinese Medical Terminology Lessons

The first Mandarin class will be held in October! It is targeted at members who already have a conversational level of Chinese, but require upskilling in medical terminology. An understanding of pin yin is required. The topic of the first lesson is "Medical History Taking", covering the basic questions posed by a GP or physician during an initial consultation. Register now!

When: Saturday 25th October, 1–4pm

Where: Chinese Association of Victoria Educational & Cultural Centre
320 Wantirna Road, Wantirna

Cost: \$45.00 (ACMAV members only)
Contact office@acmav.org to obtain a registration form

ACMAV Educational Seminars

Speakers:	HSBC	Dr Warrick Inder
Topic:	Financial Management for Doctors	Hairy Issues: Hirsutism
Date:	10 September 2008	14 October 2008
Time:	7pm for 7.30pm	7pm for 7.30pm
Venue	Quanjudé Restaurant & Bar 299 Queen St, Melbourne (03) 9670 0091	Tooraking Restaurant 1st Floor, Trak Centre 443-449 Toorak Rd, Toorak (03) 9826 1386
RSVP by:	8 September 2008	7 October 2008

Check the ACMAV Website for event updates
RSVP is essential due to limited places
You can RSVP via web, email, mail, or fax to:

Website: www.acmav.org

Email: office@acmav.org

Fax: (03) 9899 6389

Mail: ACMAV House
862 Canterbury Road
Box Hill South 3128

I will be attending the:

- Financial Management seminar on 10 Sep 2008
 Endocrinology seminar on 14 October 2008

Full Name	_____		
Telephone	_____		
Members	Free	x	= \$ 0
Associate Member	\$30	x	= \$ _____
Non-Member	\$60	x	= \$ _____
Total			\$ _____
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ACMAV Seminar Program

Interpreting the Sick Liver



An intellectually and gastronomically satisfied audience at All People Restaurant.

Dr Ferry Rusli, Gastroenterologist. Consulting in Berwick, Cranbourne, Hampton Park, Mulgrave & Narre Warren. Tel 9709 2777.

On a cold and drizzly night, a group of doctors huddled together in the warmth of All People Restaurant in Burwood East to listen to Dr Ferry Rusli talk about hepatic dysfunction.

In a wide-ranging and clinically case-based discussion, Ferry gave an enlightening refresher on topics including Gilbert's Disease and Viral Hepatitis. Don't worry, Ferry – we always check the INR!

The seminar was also attended by Bristol Myers Squibb to raise awareness of their Hepatitis B Network tool.



Above photos: ACMAV members, family and friends attend the highly popular Kung Fu Panda private screening at Balwyn Cinemas.

By taking part in a Hepatitis B Network activity, you can interact with your local peers, specialists and liver clinics.

HEPATITIS B Network

The Network offers you:

- the opportunity to meet with a local specialist and a group of your peers at an educational meeting examining the latest knowledge in management of chronic hepatitis B.
- the chance to participate in a program nurse-facilitated RACGP accredited retrospective clinical audit of your records, for which you can earn a total of 40 (Category 1)QA&CPD points.

For more information about the benefits of being part of the Hepatitis B Network please complete the fax-back section below and send to Helen Newman, Hepatitis B Network GP Programme Co-ordinator at Bristol-Myers Squibb on 03 9701 1526.

I am interested in learning more about the Hepatitis B Network.

Name:

Phone: Fax:

Postal Address:

.....

..... (State) (Postcode)

Privacy: Bristol-Myers Squibb Australia is committed to the Commonwealth's National Privacy Principles contained in the Privacy Act. For more information about the Bristol-Myers Squibb Australia policy, contact our Privacy Officers on (03) 9213 4000, or c/o 556 Princes Highway, Noble Park North, VIC 3174.

As always, the meeting was very well attended, and the topic current and interesting — the food was not bad, either!



Dr Greg Szto gets to the heart of the matter at San Choi Restaurant in Kew.

Non-Invasive Cardiac Imaging

Dr Greg Szto dazzled us with plenty of images demonstrating how far Coronary CT Angiography has come over the last few years during this session at San Choi Restaurant in Kew.

As a non-invasive investigation, image quality has come along in leaps and bounds, and with an ever growing epidemic of cardiovascular disease in our ageing community, there is no doubt that demand for coronary investigation will not slow down any time soon.

At this time, it is not subsidised by the CMBS, but despite this Coronary CTA is becoming increasingly available throughout Australia.



Dr Greg Szto gets to the heart of the matter at San Choi Restaurant in Kew.

Dr Greg Szto, Cardiologist
 Suite 11, Peninsula Private Hospital
 525 McClelland Drive
 Frankston VIC 3199
 Tel: (03) 9789 0088



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ACN AOO 122 815 ABN 43 721 970 098



**Application / Renewal of Membership
1st January to 31st December 2008**

Surname: Sex: M / F

Given Name:

E-mail Address:

Home Address:

Office Address:

Phone: Home Office Fax Mobile

Qualifications: University: Year:

Academic Position (Hospital, University etc.):

Type of Practice GP Specialist Hospital Other

Specialty: Special Interests:

Partner's Name: Chinese Dialects Spoken:

I DO NOT give permission for my name (only) to appear on attendance lists provided to ACMAV sponsors.

Signature: Date:

Entrance Fee (new members only)	\$55	<input type="checkbox"/> New Member	<input type="checkbox"/> Renewal of Membership
Annual Subscription Fee		Please find enclosed my cheque OR credit card details payable to the Australian Chinese Medical Association of Victoria Inc., for the following:	
Ordinary member	\$176*	Entrance fee:	\$
Medical student	\$55	Annual Subscriptions:	\$
1st or 2nd year HMO	\$99	TOTAL:	\$
Affiliate member** (non-medical partner)	\$110		
FEES INCLUSIVE OF 10% GST			
* pro rata fees of \$132, \$88 & \$44 apply if new members are joining in the 2nd, 3rd or 4th yearly quarters respectively			
** affiliate members pay an attendance fee at each event			
FOR NEW MEMBERS ONLY			
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Signature		Expiry Date:	Mastercard / Visa (please circle)
Proposer 2 Name:		Name on Card:	
Signature:		Signature:	

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Date Received:	Receipt No:	Receipt Issue Date:
<input type="checkbox"/> Database Update Date:		<input type="checkbox"/> Email Update Date:

ACMAV Noticeboard



ACMAV Calendar

For more details or to RSVP, please check the ACMAV website or call the ACMAV Office. ACMAV is always on the lookout for sponsors or event ideas. If you have a suggestion, please let us know!

Date	Event	Location
10 September 2008	Financial Management for Doctors	Quanjude Restaurant & Bar, Melbourne
14 October 2008	Hairy Issues: Hirsutism	Tooraking Restaurant, Toorak
November 2008	Travel Medicine	TBA

Online Website Doctor Registry

In coming weeks, the ACMAV Website will be gaining a new section – The Doctor Registry.

ACMAV regularly receives enquiries looking for Chinese-Speaking GPs or Specialists. This process will be made much easier with the new online registry, as we will be able to direct callers to an online resource where they can find a local doctor that speaks their language.

In order to make it onto our list you will need to provide the ACMAV Office with up-to-date practice details. Only current members will be on the list, so make sure you are paid up!

Included with this copy of Meridian is a form to supply us with details for the doctor registry. Further forms can be downloaded from the ACMAV website or a copy can be requested from the ACMAV Office.

Classifieds

Meridian offers free classifieds to members up to 30 words. For non-members or larger advertisements please refer to our rates card available from the ACMAV Website or the ACMAV Office.

Dr Lorraine Ong has commenced private practice as an Ophthalmologist with Dr Terrence Ong at Epworth Medical Centre, 173 Lennox Street, Richmond (Phone 9428 2425). Also consulting at 569 Warrigal Road, Ashwood (Phone 9885 6080).

Dr Alberta Hoi, Rheumatologist, will be relocating to new rooms at Suite 16, 28-32 Arnold St Box Hill (Tel: 8807 0388).

Mr Jason Chuen, Vascular Surgeon, will be relocating to new rooms at Suite 16, 28-32 Arnold St Box Hill. (Tel: 8807 0388). Also consulting at La Trobe Private Hospital.

Mr LP Cheah, General Surgeon & Endoscopist is now also practicing at Waverley Private Tel: 9881 7799. Other locations: Mitcham Private (T: 9210 3146), John Fawkner (T: 9385 2285) and Footscray (T: 9687 2271 F: 9689 6008). Website: www.melbournesurgery.com

Mr Ernest Lim has a Free Information Seminar at Epworth Richmond at 7pm 25 Aug 2008 for patients interested in Weight-loss Surgery including Gastric Banding. Opportunity to meet others who have had this surgery. RSVP to Daniella or Lynne on 9421 1166.



Current ACMAV Committee Members. Back: Dr Jason Oh, Dr Alby Leung, Dr Erwin Loh, Dr Adrian Mar, Mr Jason Chuen. Front: Dr Michelle Goh, Dr Nicole Yap, Dr Jun Yang, Mr Andrew Bui, Dr Theong Low. Absent: Dr Sally Ng.

ACMAV Travel Grant Recipient

Earlier this year medical student William Shi applied for an ACMAV travel grant to further his research studies and to present a series of papers to the European Society of Cardiology.

ACMAV is proud to support William's work and welcomes his contributions as a student member.

"In May 2008, I completed Advanced Medical Science, the 12-month research component of the Bachelor of Medicine, Surgery and Medical Science degree at the University of Melbourne with Austin Health's Department of Cardiology.

"My study, which examined the screening of depressive disorders in patients with cardiovascular disease, yielded two abstracts to



Medical Student and ACMAV Travel Grant Recipient William Shi

be presented orally at the 2008 European Society of Cardiology Annual Congress in Munich, Germany to which I will travel in August. The abstracts will also be published in the European Heart Journal. I will be presenting another two abstracts locally at the 2008 Scientific Meeting of the Cardiac Society of Australia and New Zealand in Adelaide, with the abstracts being published in Heart, Lung and Circulation.

"The opportunity to present at an international medical conference is a testament to the expertise and leadership of my supervisors Andrew Stewart and Professor David Hare. Furthermore, I feel extremely privileged to be sponsored by the Australian Chinese Medical Association of Victoria and look forward to presenting in Munich."

Hong's Update

ACMAV medical aid recipient Hong Hanh has made great progress during her recent stay. While currently preparing to return to Vietnam she has undergone a series of contracture release operations, as well as dermal laser therapy.



After again making it into the newspapers, Hong graced us with her presence at the ACMAV Annual Conference Dinner. We wish you all the best in Vietnam and look forward to catching up with you again!

Below: Photo courtesy of the Geelong Advertiser



Project Africa

In November this year, Dr Hui-Li Wong and I will embark upon a three week journey to East Africa to work at Nyenga Hospital (Uganda) and Yombo Clinic (Tanzania). It is through the tireless efforts of Dr Benny Foo and the generosity of our members that has enabled better health care and sanitation in these places.

We will assist with inpatient and outpatient work in addition to providing lecture presentations. We hope to see the fruits of your labour and generosity in their health-



Dr Alby Leung and Dr Hui-Li Wong

In order to assist Hui-Li and Alby raise funds for this mission to East Africa, ACMAV will be assisting with a raffle of a sumptuous dinner for two which will be drawn during our upcoming seminar series. Any members who wish to donate directly to this project please contact the ACMAV Office.

care system and will further supplement them with medical supplies.

Special thanks to Dr Benny Foo, the ACMAV committee and our members for your support.

Dr Albert Leung

The committee is currently in the midst of organising a drive day sponsored by Porsche Australia.

Members can choose from a range of models, and lunch will be included. This requires a significant amount of organising and is proposed for some time later in the year.



Project Porsche

We need to organise a list of potential participants in order for this event to be finalised. If you are interested please email office@acmav.org, or fax to 9899 6389 with names and contact numbers by the 6th of September.

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