



Meridian

Newsletter of the
Australian Chinese Medical
Association (Victoria) Inc.

Autumn Edition
2007

Toasting & Roasting the Year of the Pig!

Chinese New Year celebrations got off to a fine start at this year's New Year Yum Cha Luncheon. The Chinese love their food, and you can bet that roast pork is still on the menu even in the Year of the Pig!

The Luncheon is always well attended by members since it is a family affair, a chance to meet partners and children in a casual atmosphere - on this occasion at Golden Dragon Palace Restaurant in Lower Templestowe.

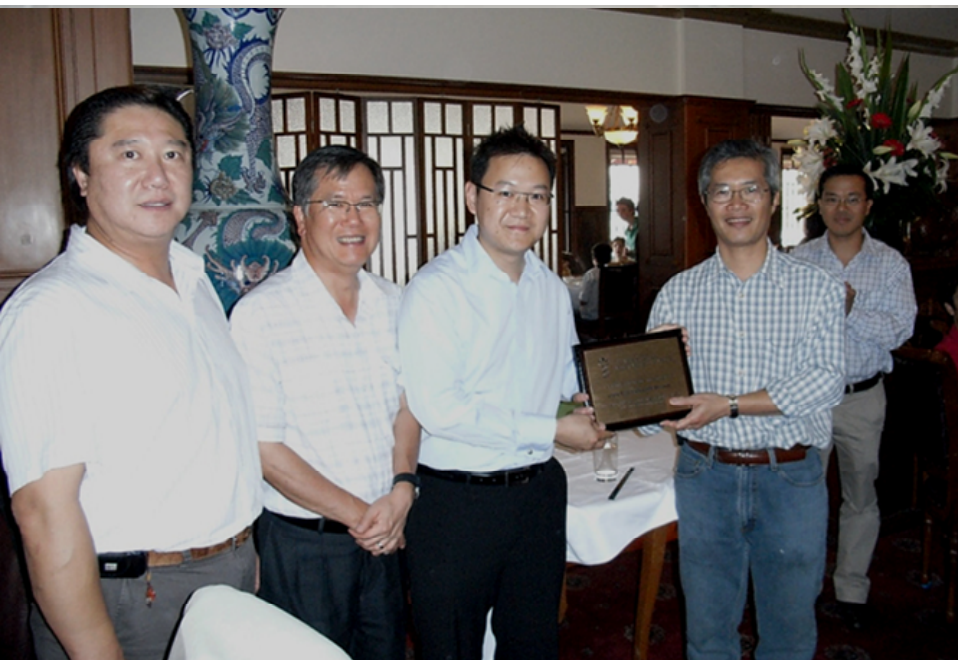
The Yum Cha also provided an opportunity for the Association to thank both the Lions Club of Melbourne Chinese and Mr Ian Holten (Plastic Surgeon) for their support and collaboration in the ACMAV's ongoing medical aid projects.

With more activities planned and many new members, the ACMAV is off to a flying start - with the help of a Flying Pig no doubt!

See pages 6-7 for more photos!

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Mr Andrew Bui presents a plaque to representatives of the Lions Club of Melbourne Chinese, (from right) Dr David Ho (President), Mr Paul Tjioe and Mr Lionel Leung, as a token of thanks for the monies raised by the Lions Club for ACMAV's overseas aid projects (totaling \$38,000 over the past 2 years).





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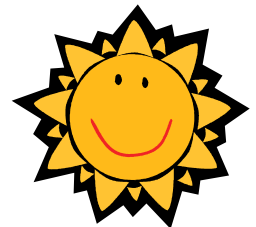
Dr Adrian Mar
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All ACMAV Inc. members are welcome to contribute to this newsletter. Please direct all newsletter items to The Editor or to ACMA House.

Calendar of Events 2007

Date	Event	Venue
April 22nd (Sun)	ACMAV Golf ay	Dunes Golf Links
April 24th (Tue)	AGM	King Bo Restaurant
May 16th (Wed)	Education Seminar - Insulin usage in Diabetes	Tai Pan Restaurant
June 9th - 11th	Aust. Council of CMAs (ACCMA) Conference	Gold Coast
June 20th (Wed)	Education Seminar - Bowel Cancer Screening	San Choi Restaurant
August 19th (Sun)	ACMAV Annual Conference	Manningham Function Centre

ACCMA SCIENTIFIC MEETING by AADA 2007



The AADA of Brisbane is proud to announce that the ACCMA Annual Conference will be held at the **Conrad Jupiters Casino**, Broadbeach, Gold Coast from 9th - 11th June 2007

Theme: Seven Ages of Man.

9 June 2007 Lectures: *The infant, The School Boy, The Lover, The Soldier and The Round Belly*
Social activities: Dinner at Food Fantasy Restaurant (in the casino), and The Spectacular Stage Show

10 June 2007 Lectures: *Middle Age, Old Age*
Social activities: Golf
Australian Outback Spectacular Show

Registration Fee

Doctors & Spouse \$400 (incl. Sat. lunch, accommodation & breakfasts).
Child >12: \$150 3-12 yrs: \$100 <2 yrs: Free Social activities: extra \$20 pp

For a registration form, contact ACMAV: office@acmav.org



From the President ...

Now that we have celebrated the Chinese New Year with our traditional Yum Cha at the Golden Dragon Palace on 3rd March, I hope that we are all well and truly getting into the spirit of the Year of the Pig, and enjoying the prosperity of the year. I would like to thank members of the Committee, specifically Jun Yang and our ex-President Benny Foo, for organizing this successful event. The venue was magnificent and the food delicious and plentiful.

I would like to take this opportunity to extend a warm welcome to our new members and to update all members on some of the future activities of our Association.

First and foremost is the upcoming Annual General Meeting which will be held on Tuesday 24th April at King Bo Restaurant. The agenda for this meeting is

included with this Newsletter. I would strongly encourage all of our members to attend this important meeting and to show support for the Association. Furthermore I would also like to invite members to participate in the running of the Association by nominating for the various office bearer positions. The successful running of the Association depends greatly on the participation and dedication of its valuable members in contributing new ideas and energy. Your Association needs you!

Another important challenge facing the Association is the future of the ACMA House. The structural condition of the House has been gradually deteriorating over the years and the time has come for decision making in terms of its future development: to repair or to re-develop. A subcommittee had been set up to

carefully study the various options taking into consideration the risks and benefits for the members of the Association. The process of wider consultation with members will be undertaken over the coming months as further information about the various alternatives come to hand. I would encourage members to discuss their ideas and comments with the members of the Subcommittee: Drs Andrew Lim, Joseph Cheung, Theong Low, Adrian Mar, Erwin Loh and myself.

The current Executive Committee has been busy planning the educational Dinner seminar programs and the Annual Conference for this year and I am pleased to report that we are progressing well with the organisation and sponsorship. We aim to deliver a variety of interesting, relevant and exciting topics in medical advances at some new and popular



venues around town.

For those members interested in sports, our annual Golf Day at the Dunes Golf Links on 22nd April promises to be a great hit. Other sporting activities such as the ACMAV Tennis Tournament will be organized during the course of the year.

Finally, I wish to take this opportunity to wish you all a happy and safe Easter holiday.

*Andrew Bui
President*



**Getting married? A new baby? Stories of interest?
Comments or suggestions about ACMAV?**

Why not share them with our readership!

Write to the *Meridian* Editor at newsletter@acmav.org
... to get your story in print!



ACMAV Annual General Meeting

*Notice is hereby given of the Annual General Meeting
of the Australian Chinese Medical Association of Victoria Inc.*

Date: Tuesday, 24th April 2007
Time: 7pm for 7.30pm start
Venue: Kingbo Restaurant
218-222 Russell Street, Melbourne



Please **RSVP** by **Friday 20th April** to:

ACMA House, 862A Canterbury Rd, Box Hill South 3128, or
Email: office@acmav.org or **Fax:** 9899-6389 (please dial carefully)

For members only.
Admission is free of charge.

For budgeting purposes, please inform the secretary if you are unable to attend after RSVP. Thank you.

***Enclosed with this newsletter, please find
the AGM Agenda, Nomination and Proxy Forms***



ACMAV Annual Conference

Theme: “Yin and Yang”
– focus on Men’s and Women’s health
Date: Sunday, 19th August 2007
Venue: Manningham Function Centre
699 Doncaster Rd, Doncaster
Shark Fin House
131 Little Bourke St, Melbourne



Register early for the ACMAV's major event of the year!!

***Enclosed with this newsletter, please find
the Conference Program and Registration Form***



May Dinner Seminar

Speaker: A/Prof Richard O'Brien

**Modern Insulin usage
in Diabetes Mellitus**

Sponsor: Novonordisk

Date: Wednesday, 16th May 2007

Time: 7pm for 7.30pm start

Venue: **Tai Pan Restaurant**
239 Blackburn Road, Doncaster East



RSVP is essential due to LIMITED PLACES

Please **RSVP** by **Friday 11th May** to:

ACMA House, 862A Canterbury Rd, Box Hill South 3128, or

Email: office@acmav.org or

Fax: **9899-6389** (please dial carefully)

Full name _____

Cheque No _____

or

Tel No . _____

Full name on Credit Card

Guest Numbers:

Members Free _____

Credit Card No.

Associate member \$30 \$ _____

_____/_____/_____/_____

Non-member \$60 \$ _____

Expiry Date ___/___

Total amount enclosed \$ _____

Please circle: Mastercard / Visa

For budgeting purposes, please inform the secretary if you are unable to attend after RSVP. Thank you.



More than a Stroke of Luck: Dr Bernard Yan presents at the February Seminar...



“Ripples” was the name of the restaurant - the venue of the February Seminar - and also the effect intended by the speakers Dr Bernard Yan and A/Prof Peter Mitchell as their message filtered out to the audience that early intervention for stroke victims can save lives and save vital neurological function.

In some major hospital centres, including the Royal Melbourne Hospital, dedicated “neuro-interventionist” neurologists & radiologists are available around the clock to manage complex cerebrovascular events.

The guest speakers were introduced by ACMAV’s “resident” neurosurgeon, Mr Kevin Siu, a colleague and close collaborator at RMH. Drs Yan and Mitchell impressed the attentive audience with their series of case presentations and examples of successful intervention in what is clearly a challenging area of medicine. Members were reminded that timing was critical, and contacting the hospital Neurology Registrar early was a key message.

The ACMAV thanks Boston Scientific for supporting this successful evening.

(Clockwise from above left): Dr Bernard Yan giving the Take Home Message; A/Prof Peter Mitchell demonstrating a stenting procedure; audience at Ripples Restaurant; Mr Kevin Siu with the guest speakers.





1. A BBQ lunch at Dr Theong Low's place for friends & colleagues who have been supporting burns patient, Ms Hong Hanh.
2. Chatting with Hong Hanh with the help of her new friends, including the Vietnamese host family with whom she is staying.
3. Ms Hong Hanh surrounded by some of her "support crew", including Plastic Surgeon Mr Ian Holten, who has volunteered his time in performing a series of operations to release her debilitating contractures.
4. ACMAV President Andrew Bui presenting a cheque for \$20,000 to Mr Ian Holten (to cover hospital and other costs at St John of God Hospital in Geelong) at the Chinese New Year Yum Cha.
5. Keen young recruits into ACMAV!
6. Dr Alberta Hoi and parents.
7. Dr TH Goh with Committee members Erwin Loh and Leona Yip.
8. Enjoying the Yum Cha Luncheon at Golden Dragon Palace Restaurant.





CLASSIFIEDS



FOR SALE

Examination Couch \$150
Metal, with adjustable head rest
Very good condition
Optional stepstool \$30

Phone 9329 3060 (Lyn)
Fax 9329 3200
(Surgery of Dr TH Goh)



Anything to sell? Rooms to rent? Need to advertise?

Why not place a FREE ad in your Association's newsletter?

Contact the *Meridian* Editor at newsletter@acmav.org