

#### Australian Chinese Medical Association (Victoria) Inc.

#### 澳洲 稚省中基署學會

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#### Editor's Comment

Happy New Year to you all!

In this first 2006 edition of the ACMAV Newsletter is your membership renewal form. Please contact me if you have any questions about this form.

ACMAV sends out announcements and meeting invitations via e-mail, hence – if you have not given your e-mail address to ACMAV – you may not receive these future announcements. Please use this renewal form to provide / update your e-mail address.

May I draw your attention to the Annual Combined ACCMA meeting that is held this year in Adelaide (by ACMA South Australia).

Best wishes for this Chinese New Year of the Dog!

Mee Yoke Ling (ACMAV News Editor)

All ACMAV Inc. members are welcome to contribute to this newletter. Please send all newsletter items / notices to Mee Yoke Ling directly at meeyoke.ling@med.monash.edu.au or via ACMAV House.



### Australian Chinese Medical Association (Victoria) Inc.

#### 澳洲 稚省中華醫學會

# ACMAV Aid Project

Greetings from little Tuong Van in South Vietnam!

The happy family has sent us photos with her grandparents at home last month! (Those who receive this newsletter by e-mail would have seen the attached pictures) Little Tuong Van has grown taller but skinnier.

The family send their regards to all of us at ACMAV.

# Project Africa – donations please

Dr Benny Foo is collecting computers, monitors, printers, medical equipment, sewing machines, bicycles, clothing to be sent to Tanzania and Uganda.

If you have anything you wish to donate – please contact Benny directly on his mobile – 0411 268 668 or e-mail ckfoo21@optusnet.com.au

#### **Calender of Events**

Date	Event	Venue
February 12 <sup>th</sup>	Chinese New Year	Jackie's Kitchen
Sunday 1.30pm	Yum Cha	
th		
March 8 <sup>th</sup>	STD and Androgen testing –	Shark's Fin House
Wednesday 7 for 7.30pm	Education Seminar	
. a coth		
April 12 <sup>th</sup>	AGM	Tai Pan
June 10 <sup>th</sup> – 11 <sup>th</sup>	ACCMA National Conference	Adelaide (South Australia)
		,
August 2006	ACMAV Annual Conference	- more details to follow



# ACMAV cordially invites you to our

# Chinese New Year Celebration

	Chine	se inew	, yeur	Celebran	O r
Time & I	Date:	1.30pm Sunday	sharp 12 <sup>th</sup> Febr	ruary 2006	
Venue:	619 Don		l		
RSVP:		5 <sup>th</sup> Februa Fax: 9899 63 Email: office	89 (please o	dial carefully) g	
Full Name:		Or post include 862A Canterly	ding paymen	t to ACMA House Hill South 3128	_0R
Tel No:			Full Name on	Credit Card	
Members		Free			
Adult Partner	<b>"</b> :	\$20	Credit Card N	No:	
Child (aged 4	to 12yrs) :	\$12			
Child ( under	4 yrs) :	Free			
Total amount enclosed			Expiry Date	_/_	
*Numbers are	e strictly limited	l so please RSV	P early to rese	erve your seats.	

<sup>\*</sup> Only tea is included free, other drinks can be purchased on the day



# ACMAV invites you to an *Education Seminar*

Topic/Speakers :	"Hormone testing for Androgen Deficiency" by Dr Joe Montalto		
		<b>Ily Transmitted Infections</b> I <b>o I do ?</b> "by Dr ChandrikaP	
Time & Date:	7 pm for 7.30pm		
	Wednes	sday, 8 <sup>th</sup> March 2006	
Venue:		Fin House e Burke Street , Melbourne	
RSVP:	Email: off Or post inc 862A Cant	6389 (please dial carefully) fice@acmav.org luding payment to ACMA House erbury Rd, Box Hill South 3128	00
Full Name: Tel No:		Cheque No: Full Name on Credit Card	_0R
Members	 Free	_ Tun Name on Cream cara	
Associate Members:	\$30	Credit Card No:	
Adult Guests:	\$60		
Total amount enclosed		Expiry Date/	
Sponsor:			
Dorevitch			
Pathology			

#### Australian Chinese Medical Association SA Inc 2005 ACCMA & ACMA (SA) Annual Scientific Meeting Saturday & Sunday 10th -11th June 2006 Raddison Playford Hotel, North Terrace, Adelaide Delegate Registration Form

**Theme:** The Business of Medicine

Venue: Located in the heart of Adelaide, Radisson Hotel provides the ultimate in first

class meeting facilities and accommodation.

#### **Social Programme:**

**Travel & Accommodation:** 

Gala Dinner on Saturday night is at South Australian Art Gallery. Sunday night is a less formal Chinese banquet at Ming's Palace, City. Sunday afternoon there will be a choice of either winery tour, antique tour or sports.

Post Conference Kangaroo Island tour – One day package tour for those who wish to visit this unique island from Adelaide @ \$215 pax-contact fourzs@bigpond.net.au-directly for details.

Accommodation may be booked directly with the Conference hotel (08-8213 8888) at a

#### special rate. **ACMA** member −**Yes Registration Fee:** Item & Cost Member's partner Non-member Member \$180 **□** \$150 \$250 Whole Meeting \$100 \$150 **\** Saturday Gala dinner only \$50 Sunday Chinese Banquet only \$50 \$215 **\[** \$215 **\** \$215 **\** Kangaroo island Tour **Registrars/ RMO/Intern/Students:** \$150 Name of Hospital: Meeting & two Dinners (NB: you may attend the Scientific Meeting only at no charge) Total Amount Cheque (to ACMA) Visa Mastercard Bankcard Amount \$\_\_\_\_\_ Card No: \_\_\_\_\_ Exp \_\_ Name on Card: Signature Please return by mail, email or Fax to Conference Secretariat before 31st<sup>th</sup> May 2006. Dr Richard Heah C/O Work Health Clinic, 44 John Rice Ave, Elizabeth Vale SA 5112 Ph: 08-8287 6800 Fax: 08-8287 6855 Email: rheah88@hotmail.com SurnameFirst NamePartner's nameAddressPost CodePhoneFaxEmail

# Combined ACCMA & ACMA (SA) Scientific Meeting – Draft PROGRAM

#### Saturday - Sunday, 10-11th June 2006 Radisson Playford Hotel, North Terrace, Adelaide

## Saturday 10<sup>th</sup> June 2006

0900 - 0930	DELEGATE REGISTRATION & TRADE DISPLAY
0930 - 0940	OFFICIAL OPENING Dr Chris Cain, President AMA (SA)

#### **Session I** Chairperson: Dr Francis Ghan

#### **Medical Politics**

0940 - 0950 What The AMA could do for you - **Dr Chris Cain** 

#### **Medical Practice Structure**

0950 - 1000	Certification, Regulatory & CTP requirements - Dr S. Leow
1000 - 1010	Optimise Legal & Tax Structures of GP - Mr. David Dahm

Panel Discussion

#### Effective Business

1020 - 1030	Things I wish I had known before I started GP - Dr R. Heah
1040 - 1050	Entry & Exit Agreements – can you do without? - Mr D Dahm
1050 - 1100	Practice Managers – are they worth the money? - Mr D Dahm
1100 - 1120	Staffing – Hiring, Firing, Bloopers - Mr. Duncan Wood
Panel Discussion	

#### **Session II** Chairperson: Dr Johnny Wong

#### Specific Medico-legal Issues

1130 - 1140	Management of Difficult patients – psychiatric perspective
	Dr Tony Davis
1140 - 1150	Management of Intrusive and /or Angry patients
	Ms Cheryl McDonald
1150 - 1200	Dealing with Medical Boards - Ms Cheryl McDonald
Panel Discussion	·

# 1210 - 1300

#### **LUNCH & TRADE DISPLAY**

#### Session III Chairperson: DrCH Lim

#### **Practice Technologies**

1300 - 1310	Paperless Office – Hardwares & Softwares - Mr. Abe Stiglec
1310 - 1320	Digital Communication - Mr. John Fenga
1320 - 1330	Paperless Office –It is worth the Effort? - Dr Victor Yeung
Panel Discussion	

#### **Good Communications**

1340 - 1420 What do doctors need to know from each other?

From a GP's perspective – Dr Steven Koh

From a Surgeon's perspective – Dr Francis Ghan From a Physician's perspective – Dr C Wong From a Physiotherapist's perspective – Ms. Paine From a Radiologist's perspective – Dr Evelyn Yap

### (cont'd) Saturday 10<sup>th</sup> June 2006

#### Session IV Chairperson: Dr William Tam

#### Alternative Business Options

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1430 - 1440	Good & Bad of Full time hospital CMO- Dr H Harley, SASMOA
1440 - 1450	Alternative Medicine Company / Enterprise - Dr Benny Foo
1450 - 1500	Intellectual Property - Mr. Bill McFarlane
1500 - 1510	10-year experience of setting up a medical implant company
	Dr Tony Ingham

Panel Discussion

#### 1520 – 1600 AFTERNOON TEA & TRADE DISPLAY

#### **Session V** Chairperson: Dr Ted Mah

#### Alternative Investments

1600-1610	Self-Manage funds – do's and don't - <b>Tower Trust</b>
1610-1620	Margin lending – Why getting into debt is tax effective -HSBC
1620-1630	Winery business – Grow it, drink it, sell it - Dr L. Barratt
1630-1640	Investment in Antiques –Where seniority counts! -Mr P du Plessis
Panel Discussion	

#### **1640 - 1730 WINE TASTING**

#### 1830 for 1900 Gala Dinner at Art Gallery of South Australia

#### SUNDAY 11th June 2006

#### Session VI Chairperson: Jane Zhang

#### Medical Lifestyles

0900 - 0910	Multi-tasks – Partner, Business Manager, Investor - <b>TBA</b>
0910 - 0920	Maintaining Doctors' Health – Keep your vitality! - Dr J. Levy
0920 - 0930	Art & Medicine - Dr Randle Sach
0930 -0940	Athletics in Medicine - Dr May Goh
0940 -0950	Is there life after Medicine? - Dr Benny Foo
Panel Discussion	

#### 1000 - 1030 MORNING TEA & SOCIAL ACTIVITIES AFTERWARDS

1830 for 1900 Chinese Banquet at Ming Palace sponsored by Solvay

NOTE: CPD POINTS APPLIED

#### **NOTICES**

Messages from Dr Benny Foo – immediate past president ...

"Travel South America – see the wonder of Machu Picchu, and the Iguazu falls Benny is organising a travel adventure – this time to South America – probably in September 2006. All those interested – please contact Benny directly on his mobile – 0411 268 668 or e-mail ckfoo21@optusnet.com.au

( Dr Benny Foo is the medical Advisor to the Samata Yoga group and has put in this notice regarding Meditation and/or Yoga classes.)

#### SATURDAYS AT HAWTHORN

Free 'Lectures with Swami' and free Meditation Workshops,
Plus complimentary lunch and refreshments
Saturdays 1.00 -3.00p.m. (except when there are Workshops)

#### SAMATA YOGA, Samata Samashti Dharma

Samata Yoga is a practical yoga, which deals with the physical and metaphysical side of our evolution. Samata Yoga teaches the practice of non-duality that all are equal parts of the whole, be that on a physical, mental or spiritual level. Samata Samashti Dharma has its origin in antiquity but is today as relevant as always. To practice Samata Yoga is really a progression from the physical to the spiritual. The practice through the Yoga (joining or yoking) of Samata (oneness) of the body, mind and the soul leaves the aspirant to discover the mysteries of a deeper yoga as Samata Samashti Dharma. The understanding that everything is one, not being confined to the individual leads to a broader concept of the oneness in all. Durga Swami, head of Samata Yoga, is now residing full time in Australia. She is a Master of meditation, member of the World Natural Medicine Foundation and is a renowned worldwide lecturer and author with 38 years experience.

The Hawthorn Centre is open for information, counselling, personal reflection and meditation or just come and spend time in a quiet peaceful sanctuary every Monday, Wednesday, Thursday and Saturday or by appointment.

#### HAWTHORN CENTRE:

SAMATA SAMASHTI DHARMA YOGA CENTRE, 1/95a Burwood Rd, Hawthorn 3122 P.O. Box 6052, Hawthorn West 3122 , Telephone: 9818 1914 or 9820 3151 www.samatayoga.com yogassd@bigpond.com

#### WANTED - GP Teachers !!

Monash University, Department of General Practice is seeking GP's interested in teaching medical students in your clinic. Remuneration through the PIP program is \$100 per ½ day session and CME points are awarded too. For further information please contact Mee-Yoke at – <u>meeyoke.ling@med.monash.edu.au</u> or phone: 0411 126 475.