

Young careers in the making - Inaugural Careers in Medicine Seminar

An ongoing challenge for the ACMAV is the recruitment of young doctors and making our activities relevant to the needs of those who have not yet established their careers in medicine.

We all know that the ACMAV seminars cater well for the professional education of our GP and specialist members. However what may seem an exciting new development in patient management to the GP who has been in practice for 30 years, may for the new graduate simply be the standard approach to treatment as taught in a mundane medical school lecture only months ago! It is hard to find new tricks to teach "new" dogs!

While our younger members are participating in all ACMAV activities including various committees, social functions and community service events, the Executive Committee recognises that more needs to be done to provide for the specific needs of our junior colleagues who are at the beginning of their careers. It was suggested that the ACMAV should conduct a seminar to allow a closer interaction with junior doctors and medical students who are contemplating their future career paths. Committee members Kevin Siu and Salena Ward agreed to organise the first Careers in Medicine Seminar which was held on the weekend of 3rd and 4th May at ACMA House.

Leading up to the event, information brochures were posted on hospital noticeboards and the word was spread amongst resident doctors. Attendance was open to all junior doctors and students, regardless of whether or not they had prior involvement with the ACMAV. Almost 20 people attended on each of the two days, and they were able to meet ACMAV members and learn about our association over a free lunch. But our guest speakers were the focus of attention:

A/Prof Frank Thien – General Medicine
Dr Maggie Wong – Anaesthetics
Dr Janelle Francis – General Practice
Prof E S Tan – Psychiatry
Dr S K Tang – Pathology
Dr Adrian Mar – Dermatology
A/Prof Joe Tjandra – General Surgery
Dr Min Hin Chong – Emergency Medicine
Dr Lawrence Lau – Radiology
Dr Michael Chao – Radiation oncology
Dr Judith Goh – O & G
Dr Lance Liu – Ophthalmology

Although the presentations varied in style, attendees were provided with essential information about the relevant Colleges and registrar training. Many speakers gave a personal account of the commitment required but also the potential fulfilment offered by each of their specialty areas. Feedback was sought from those who attended. Overall the event was very well received, with most gaining valuable information and added insight which will assist in their decision-making. Hopefully the forum will become an annual event, with an expanded number of speakers to cover other specialities such as paediatric medicine and intensive care medicine. An immediate measure of success was the number of questions and enquiries which were forthcoming on the day. The longer term success will be measured in terms of seeing the next generation of doctors enjoying successful careers and contributing back to their profession – possibly through the ACMAV!

We would like to thank Salena Ward and Kevin Siu for organising and coordinating this event, all our speakers for their valuable time, and all the committee members who helped out on the day.

*David Lam and Adrian Mar
Committee Members*

Inside this issue:

<i>Editor's Corner</i>	2
<i>Annual Subscription Due</i>	2
<i>Calendar of Events</i>	2
<i>From the Desk of the President</i>	3
<i>Project Vietnam - An Update</i>	3
<i>ACMA (NSW) & ACCMA Conference</i>	4
<i>Invitation to July Education Seminar</i>	5
<i>Correspondence</i>	6
<i>Members' Words...</i>	7
<i>Invitation to June Update Seminar</i>	8
<i>New Doc on the Bloc...</i>	9
<i>Getting to Know...</i>	10
<i>Snapshots...</i>	11
<i>Classifieds</i>	12

**ACMAV Inc.**

ABN: 43 721 970 098

ADDRESS

ACMA House
862A Canterbury Rd,
Box Hill South 3128
Tel : 9899 6380
Fax : 9899 6389
Website:
www.acma.net.au

PRESIDENT

Dr Benny Choong Khean
Foo
Fax: 9815 2100

VICE-PRESIDENT

Mr Kevin Siu
Fax: 9347 2633

SECRETARY

Dr Min Li Chong
Fax: 9459 5256

TREASURER

Dr Siew Keng Chan
Fax: 9315 0954

COMMITTEE MEMBERS

Dr Jenny Huynh
Dr David Lam
Dr Mee Yoke Ling
Dr Theong Ho Low
Dr Adrian Mar
Dr Frank Thien
Dr Salena Ward
Dr Maggie Wong

NEWS EDITOR

Dr Jun Yang

Email:

juny_yang@yahoo.com

All ACMAV Inc. members
are welcome to contribute
to this newsletter. Please
direct all newsletter items to
Jun Yang or to
ACMA House.

NEXT ISSUE

July 2003

DEADLINE

June 2003

Editor's Corner

Another busy month has gone by for the ACMAV, as reflected by the stories and pictures in this newsletter. There is so much news to report that I have had to leave our regular feature article (kindly written by Dr James Khong)

for the next edition. Keep sending in your articles though ... your contributions are always welcome!

It is time again to renew your membership. Why not use this opportunity to recruit more doctors for

the ACMAV? Show them our Qi magazine, the newsletters and tell them about all the activities we run. They are sure to be impressed. More members equals a more vibrant and active organisation.

Jun Y.

Annual Subscription Due

Enclosed with this newsletter is a tax invoice for renewal of your subscription for the year 2003-2004.

The committee has decided that there will be no increase in subscription fees this year.

Members will note that, at the last AGM held on 18th October 2002, a resolution was passed to change our membership year, from July to June, to January to December. This means that, during the changeover period, the annual subscription fee will cover 18 months instead of the usual 12 months.

Upon advice from our accountant, the enclosed tax invoice is for a period of 12 months, from July 2003 to June 2004. All members who are financial as at 30th June 2004 will then receive **6 months free membership** until December 2004.

The reasons for doing it this way are so that:

(1) the 12 month rule ([1]) will apply, as per the Australian Tax Office; members will not have to apply the prorata rule ([2]).

(2) members who pay their subscription before 30th June 2003 can legally claim a tax deduction in the financial year ending 30th June 2003.

[1] The 12-month rule means that an immediate deduction is available if the eligible service period does not exceed 12 months and that the period ends in the next income year after the expenditure is incurred. *Australian Master Tax Guide*.

[2] the prorata rule means that the expenditure is apportioned over the eligible service period, where the taxpayer incurs the expenditure for the doing of a thing that is not to be done wholly within the income year in which the expenditure is incurred. *Australian Master Tax Guide*.

Siew Keng Chan
Hon Treasurer ACMAV

Calendar of Events

Date	Event	Venue
June 29th (Sun)	Update Seminar 2 - Latest in Molecular Biology	Chine on Paramount
July 23rd (Wed)	Education Seminar - Diabetes Update	Choi's Restaurant
August (TBA)	Update Seminars 3 - Practical Skin Procedures	ACMA House
September 10th (Wed)	Education Seminar - Dry and Watery Eyes	Melbourne Events and Banquet Centre
October 18th/19th (Sat/Sun)	Annual Scientific Conference (social program on 18th Oct)	Imax and Museum Sofitel Hotel
November 28th (Fri)	Annual General Meeting of ACMAV	TBA



From the Desk of the President

I am delighted to know that many of our members are actively involved in the association. Over a period of 4 days our association ran an Update Seminar, Career in Medicine Seminar for final year medical students and new graduates, and manned a stand at Buddha's Day Festival at Federation Square, measuring blood pressures and BMIs for all comers. Over the same weekend our regular medical column appeared in the Melbourne Chinese Times. All these were made possible by the generous contribution and personal sacrifices of our members. On behalf of ACMAV I would like to thank you for your contribution.

The SARS epidemic is a reminder to us that we live in a crowded world and new emerging diseases are only a plane flight away. We are continually exposed to challenges to our health.

Fortunately our body is equipped with a capable immune system for defence against microorganisms, although its efficiency depends on how we 'train and feed' the immune cells! Hygiene, diet and nutritional supplementation will help our immune system to function properly and efficiently.

The recent Pan Pharmaceuticals debacle has given the politicians, reporters and doctors an opportunity to take a sideswipe at the complementary healthcare industries. By saying that there is no evidence for the efficacy of vitamins and herbal remedies, they are merely ventilating their ignorance.

Over the past 10 to 20 years many peer review articles have been published confirming the usefulness of nutritional supplementation. A good example is vitamin B6, B12 and folic acid in

the treatment of homocysteinaemia for atherosclerosis and ischaemic heart disease.

The gap between scientific medicine and complementary medicine is narrowing. In the case of Pan Pharmaceuticals, the manufacturing methods and quality control were being questioned. It baffles me as to why some highly educated people cast doubt on the effectiveness of complementary healthcare products when it is the manufacturing process and quality control which are deficient.

Our body is made to function optimally with nutrients from natural food sources. Diseases don't just develop overnight. Our bodies move up and down the Hierarchy Scale of Health: Health, Adaptation, Disadaptation, Pre-disease and Disease. Drugs, at best will move a Disease state to Pre-disease state



while natural food source nutrients can help move people from Pre-disease state back to Optimal Health.

We are what we eat. Hippocrates urged us "to let thy food be thy medicine". If the modern foods are deplete of nutrients we have no choice but to take nutritional supplements for our long-term health. The choice is obvious and is ours to make.

*Benny CK Foo
President, ACMAV*

Project Vietnam - an Update

Members who were at the last Education Seminar at Shark Fin House may remember my brief talk on Project Vietnam following the breast cancer seminar.

Briefly, following my trip to Ho Chi Minh city in 1999, I put together a package of A\$38,250 for a group of health professionals in HCM city to provide much needed health care for those in the very poor provinces in rural South Vietnam.

Over the course of the project (2 - 3 years), the money has benefited many in South Vietnam. In summary, more than 500 minor surgical procedures such as repairs of hernias and phimosis, and more than 50 major surgical procedures such as for imperforate anus and extrocoeles have been performed. Several field trips were also organized to the rural villages in South Vietnam to provide free consultations and medication to tens of thousands of people.

The project is due for completion in the next few months with no further funding projected. It is unfortunate that the initial project was funded through a one off grant (the Rotary's Helping Grant).

Currently I am trying to organize new funding through several groups, although only a few have shown interest, including the Vietnamese Lions club, Rotary club of Flemington (of which I am a member), Rotary club

of Footscray and the Vietnamese community.

I feel that this may offer a great opportunity for ACMAV members to contribute to a very worthwhile international community project. I shall keep you all updated and would appreciate your support for this project.

*Theong Ho Low
Committee Member*



ACMA (NSW) & 10th ACCMA Conference, Canberra - *Party...*

On April 17th Pauline & I with Andrew & Molly Tse-ung from the Auckland Chinese Medical Association drove to Canberra. We decided to take the car as many told us that the drive would be very pleasant. They were right! The drive was refreshing and stimulating with beautiful scenery feasting our eyes along the way.

Canberra was quiet. It was as if the permanent residents vacated their city for us! The 4 day conference was packed with educational and social activities. Numerous banquets were on offer, including the "Get to know you" lunch, the "Welcome Dinner", the "Hidden Dragon" lunch, the "Mysterious Mask Gala Dinner", the "Hurried Lunch" at Dickson en route to CSIRO Discovery and the "Grand Conference Banquet" at the Questacon.

The last day was for socialising like playing golf at the Gold Creek Country Club (or sleep in to recover from the hectic few days!) followed by a "Farewell Yum Cha" at New Shanghai in Dickson. Patrick Tan had the opportunity to thank his organising committee for producing such a stupendous Conference.

At the Mask Gala Dinner the ACMA (NSW) performers took us "strolling down the memory lane" with a costume parade, showcasing fashions from ancient China to the Revolution. The attire were dashing and beautiful. The performance was so real and memory jolting that one of our Victorian members had a panic attack when "Chairman Mao" appeared with the Red Guards!

Allen Liang from ACMA NZ performed the "A

Hakka bachelor's lament, the ancestor of the NZ Haka" in Cantonese! It was a great performance. We should invite Allen to repeat the performance when he comes over to Melbourne for our conference. The singers from South Australia gave us a 'rojak' of songs along the theme of "Old Home - New Home" led by Johnny Wong.

At the Celebration Dinner the ACMA (NSW) Dancers and Singers entertained us with the show, "Lollipops & HotDocs". The ladies performed "Spice Girls" and "ABBA", while the men became "Elvis" "Jail House Rock" and "Men in Black". In the finale the 'boys and girls' joined force and performed "Waterloo". The costumes were designed and made by the members and their performance was excellent and hilarious.

The Singers and Dancers were coached by professional artists for a couple of months. The "Lollipops & HotDocs" received a standing ovation from the audience.

For 2 years the NSW members expanded a lot of energy and time towards organising this Joint Conference. It was regrettable that not more of our members were there to enjoy the event. All I can say is, the members of ACMA (NSW) really 'know how to party'. It will be a huge challenge for anyone to match their performance. On behalf of members of ACMAV I would like to congratulate ACMA (NSW) for putting on such a fantastic Show. Well done!

*Benny CK Foo
President, ACMAV*

...and Politics

Dr CK Foo, J Chew and myself attended the 10th ACCMA Annual Conference over Easter (18th—21st April), as the official representatives of ACMAV.

There was an informal meeting on Good Friday at which the delegates from each state discussed the pros and cons of un-incorporation of ACCMA.

The ACCMA was incorporated initially to provide a safeguard for the directors

of the association in the event of litigation. However the obligations of an incorporated association, such as preparation of an annual report to the Department of Justice, costs of supporting a public officer and costs of preparing an annual tax return, have led most delegates to opt for un-incorporation.

This step does not suggest that ACCMA will be dissolved. It is to remain as an association with state representatives and will

continue to hold its annual meetings. Indeed it will be Victoria's turn to host the 2005 Conference.

The offices of the ACCMA for 2004 were elected as:

President -
Dr Allen Liang (NZ)
Vice President -
Dr Kevin Siu (VIC)
Secretary -
Dr Patrick Tan (NSW)
Treasurer -
Dr Kevin Siu (VIC)

*Kevin Siu
Vice President, ACMAV*



Patrick Tan congratulates Allen Liang on becoming the new ACCMA president.



An invitation from ACMAV ...

July Education Seminar on Diabetes

Speakers: Dr Mario De Luise on "New Insulin. New Gadgets."
Prof Jennie Brand-Miller on "GI Factor: An Asian Perspective"

Sponsors: Novo Nordisk

Date: Wednesday, 23rd July, 2003
Time: 6.30pm for 7.00pm start
Venue: Choi's Restaurant
186 Riversdale Rd, Hawthorn



Please RSVP by Wednesday, 16th July (incl. payment if applicable) to:
ACMA House, 862A Canterbury Rd, Box Hill South 3128, or
Fax: 9899-6389 (please dial carefully)

Full name _____ Cheque No _____
Tel No _____ Or
Full name on Credit Card _____
Guest Numbers: _____
Members Free _____ Credit Card No _____
Associate member \$25 _____
Non-member \$60 _____ Expiry Date ___/___
Total amount enclosed _____ Please circle: Mastercard / Visa / Bankcard

For budgeting purposes, please inform the secretary if you are unable to attend after RSVP. Thank you.

Website Membership Directory - Please Enter your Details and Fax to 9899-6389

Title _____ Surname _____ First name _____
Main Practice Address _____
Practice Phone No _____ Fax No _____
Specialty _____ (Consultant/ HMO/ Student/ Retired)
Special Interests _____
Chinese dialects spoken _____
Home Address _____
Home Phone No _____ Fax No _____
Email Address _____ Mobile No _____

NB: Home details will be for ACMAV Office use only.

Tick this box if you only wish to be printed in our member's directory, and NOT on the website.





Correspondence

Regulation of the Practice of Chinese Medicine -

Letter to Dr J Flynn, President of the Medical Practitioners Board of Victoria



I have read with interest the discussion paper on the above issue from the Board (MPBV) – a copy of which has been sent to me kindly by the Honorary Secretary of the Australian Chinese Medical Association (Vic). I would like to submit some comments based on my past experience drawn from 35 years of general practice, 8 years of hospital work, and some insights into Chinese herbal medicine developed in part as a family interest while growing up in Hong Kong.

It is a wise move for the MPBV to refer GPs using Chinese herbs to the CMRB. Although the Chinese have been using medicinal herbs for several thousand years, the whole thing is still unfamiliar in Australia and too complicated to standardize, its pharmacokinetics poorly understood, and its medicinal pharmacology ill defined. Its medicinal properties and usage could only be appropriately studied and understood from Chinese medical texts. Few Western trained GPs in Victoria would be so proficient in the Chinese language as to be able to grasp the basic concepts, let alone be confident enough to dispense them safely as a therapeutic aid.

Of the tens of thousands of acupuncture services performed by the 1100 medical doctors in Victoria over a 12 month period to

Jan 2002, there were hardly any reported cases of significant mishaps or side effects as compared to some hepatitis cases from needling by non-medical acupuncturists and tattooists as reported in the media. It proves the importance of proper medical training particularly in sterilization techniques, human anatomy, physiology and microbiology, and years of experience in clinical practice. And I believe that most GP medical acupuncturists possess more than adequate medical knowledge and training required for the simple, basic types of acupuncture therapy to give relief to patients suffering from all forms of pain – the most prevalent complaint of the rapidly ageing population of Australia.

Hence, from the point of view of the general public, extending the MPBV endorsement to the following category of GP medical acupuncturists could be immensely beneficial to the older age groups, and an extremely popular measure for the medical practitioners.

1) *GP med acupuncturists who have practiced acupuncture for a reasonably long period, say 5 to 10 years.* This would be equivalent to the grandfather clause proposed by the ACRRM, but in a more flexible form and could be sensibly established by the joint committee.

2) *GP med acupuncturists over 60 years old* – the age of wisdom, rich experience, and indisputable maturity in clinical judgment.

3) *GP med acupuncturists who have researched and published papers on medical acupuncture in recognized journals.*

4) *GP med acupuncturists who prefer to resort to 'needle-less' forms of acupuncture* such as Codetron, which has been widely used since its introduction into Victoria by acupuncture experts of the Australian Medical Acupuncture Society (now AMAC) in 1989. Codetron is extremely safe, simple to use, and its pain relieving effects compare favorably with traditional Chinese acupuncture, as illustrated in a Pain Management symposium talk by the AMAC experts in 1995.

Finally, I would like to thank you and the Board for allowing me, as one of the then three spokesmen on Chinese medicine and acupuncture on behalf of the AMA (Vic) in 1998/99, the opportunity to express my views and comments on this clearly meaningful and rapidly expansive clinical therapy for the Victorian community.

*Joseph Cheung
ACMAV Member*



Members' Words ...

The Role of the Chinese Woman in Our Multicultural Society

*An Address to the Chinese Women's Association of Victoria
on presentation of "The Award for Meritorious Service"*

For each Chinese Family Unit, there is the designated "Head of Household" (also accepted as the bread-winner, "the boss", by our mothers and their mothers before them). Supporting this person is the "matriarch" (also known as the "force behind the man", the "home government" and the "hand that rocks the cradle"). Both these persons are essential for the smooth running of the household, that is their duties are complimentary. In modern times, in some families, the woman might be in a better economic situation to bring home the money. This will not impinge greatly on her role at home but support from the spouse is essential, so that she may continue to be "mah mah" and the husband "pah pah".

The modern woman of today fights for equality, mainly in the workplace and outside of the household, to be treated equally as her education and profession demands when compared to her male colleagues. She needs to be able to voice her opinions, stand equal to the man, when both are professionally as qualified. In the home, the woman with a family is still bound by tradition to nurture and guide her children to be good citizens of a foreign country she has now chosen to call "home". She teaches them to respect the values

and differences of children they interact with at school and in places of work. This Chinese woman should feel proud and valued, as not only is she able to contribute financially but also has the honor of moulding her offspring into a useful and confident citizen, like herself. Now, isn't it so true that the woman has always had the advantage over man – she can "multiply" (produce children), the male cannot!

While the Chinese woman of today feels more confident and proud, she may also be stressed because of physical and emotional forces at work. This may affect her health, and to this end, she must remain vigilant and maintain a sound physical and mental state to cope with her dual role. The most important areas to be conscious of are breast and gynecological pathology, followed by diabetes and other illnesses of the gastrointestinal system.

Thus, the role of the Chinese woman in a multicultural society encompasses a traditional role in the Family Unit, and for those who are more adventurous or under economical needs, her role also lies in the workplace where she must be able to contribute to society and be treated as equal to her male colleagues.



In a multicultural society, she has to accept and respect the diverse cultures and differences in various ethnic groups; she must be able to improve her status through education and friendship so that she may earn the respect of family, friends and colleagues. In achieving this, there will follow a charity of giving; that is a measure of success in life.

I say to the Chinese woman of today – set your heart to whatever you seek in life, be determined and above all seek friendship and be charitable.

*Happy SK Tang
ACAMV Member*

A Solitary Walk

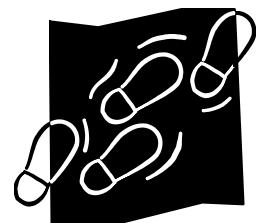
*A footprint left behind,
tells a story of old times,
the weight of one's body,
throws a gauntlet to the sea,
daring the waves to hide
this solitary mark,
found amongst others on
this sandy arc.*

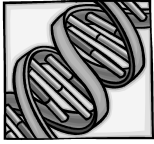
*It was a step made on a
pilgrimage,
to write one's future on an
unspoiled page,
born of a fire deep inside,
with faith its only guide.*

*It was courage that made
the first move,
its strength imprinted in
the footprint's groove.*

*There was a beginning,
and there will be an ending,
but somewhere along that
path,
there discovered an exotic
hidden garth,
a destiny found and a soul
content,
an obligation fulfilled in
life's intent.*

*Poem by Albert Leung
ACMAV Member*



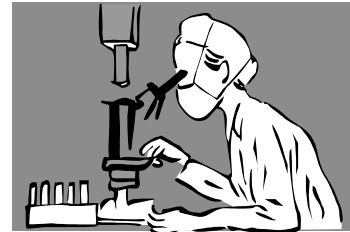


June Update Seminar



The New Frontier in Pathology, Molecular Biology & Immunology

Date: Sunday, 29th June 2003
Time: 3pm for seminars; 6pm for dinner
Venue: Chine on Paramount
 101 Lt Bourke St, Melbourne



Speakers: Dr David Beam— Recent Trends in Chemical Pathology
 Dr Keith Byron— Molecular Biology
 Prof Ban Hock Toh & Dr Pollard— Immunology
Sponsor: Gribbles Pathology

Please RSVP by Monday, 23rd June (incl. payment if applicable) to:
 ACMA House, 862A Canterbury Rd, Box Hill South 3128, or
 Fax: 9899-6389

Full name.....	Cheque No.....
Tel No	OR,
DOB/ QA&CPD Number.....	Full name on Credit Card

Guest Numbers:	Credit Card No
Members Free	Exp Date/.....
Guests \$50 (for dinner).....	
	Please circle: Mastercard / Visa / Bankcard
Total amount enclosed.....	

NOTE: CPD points will be applied for. Please register as soon as possible to ensure a place.

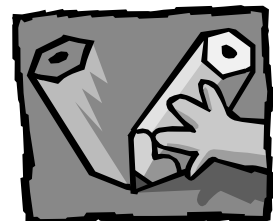
Tick a box - Register your interest in ACMAV activities!

Name

Phone No.....

Email.....

Area of Specialty.....



- I am interested in attending Chinese Medical Terminology Classes.
- I would like to give a health talk to the elderly Chinese, on a Wednesday of my choice.
- I can contribute a health article (in English) for the Chinese Melbourne Times newspaper.
- I am able to assist with the translation of English health brochures into Chinese.

Fax me to ACMA House: 9899-6389



New Doc on the Bloc ...

Dr Patrick Lo

What do you specialise in?

I'm a surgeon, specialising in neurosurgery.

Where do you practice?

I do private sessions in Parkville and public work at the Royal Melbourne Hospital, Royal Children's Hospital and the Western Hospital at Footscray.

Where and when did you train?

I graduated from the University of Sydney in 1991 and have trained in various hospitals, mostly in Sydney. I also did a pediatric neurosurgery and craniofacial fellowship at the Hospital for Sick Children in Toronto, Canada, in 2000.

Why did you decide to become a neurosurgeon?

It's challenging yet rewarding, especially in the pediatric setting. It offers a good combination of surgery, scientific research and multidisciplinary approach to complex problems. Contrary to popular misconception, the lifestyle is both interesting and enjoyable - the pure excitement and adrenalin rush are unparalleled.

What are your special interests, medically speaking?

Pediatric neurosurgery, neuro-oncology, spinal surgery, functional neurosurgery, craniofacial surgery and CSF flow disturbances.

What are the highlights of your career so far?

Single event highlights include my first solo craniotomy on a young male with an extradural hematoma and unilateral third nerve palsy. The consultant was not available in time. The patient recovered fully. My first "saves" were also highlights. There is a "fireman" award for cardiothoracic surgeons who "open" the chest on the ward in the case of a graft failure. The same "save" can be made in neurosurgery in the setting of someone with acute hydrocephalus who deteriorates on the ward. Such a save can be made by inserting a drain (long needle) into the ventricular system. Another save is the case of a patient post neck surgery who develops acute wound hematoma with airway compromise. The patient can be rescued by rapidly reopening the neck wound. In general, the "rush" component of the job is a high, as there is nothing like seeing one of your patients recover from a life-threatening condition. However, the many hours spent on the job do mean sacrifices in family and personal life.

What are the lowlights?

A child died from acute ventriculoperitoneal shunt failure within one hour of presentation. I vowed from that day never again to let any patient succumb to acute shunt malfunction.

What do you like to do after an eight hour operation?

Get home and switch "hat" to become the good ol' Dad and Hubby. There's nothing more relaxing and grounding than to help your child with his homework, bath your baby and give your wife a big hug and kiss! It helps to maintain my identity and humanity. I also enjoy listening to "new" country music and recent pop music on my drive home. I am a baseball, basketball and ice hockey freak, so watching them on TV also helps me wind down.



Editor's Note:

This section aims to introduce GPs and specialists amongst our members who are new to Melbourne or new in their profession.

To contribute to this column, simply send your answers to the questions listed to ACMA House, or email them to the Editor. Don't forget to send in a photo ... emailed digital photo preferred.



Getting to Know ...



Dr Margaret Chan

Third year HMO

Which country were you born in?

Australia

What language/s do you speak?

English and Cantonese

What is your most memorable encounter with a patient?

The most memorable encounter was while suturing a patient's perineum post partum. I nearly got whacked in the head with the patient's foot when the stirrup moved!

What would you be doing now, career-wise, if not a doctor?

I'd probably be running a business, like a florist shop. My friends tell me that it is a good business: fun and creative, low stress and you get to look at pretty flowers all day.

Who is your role model?

My mother.

Who would you most like to meet?

Ian Thorpe is someone I would really like to meet because he is such an inspiration. He is a terrific public speaker and is so modest about all his achievements. He has achieved so much for someone of his age.

Which country would you most like to visit?

I would love to visit all the countries in Europe.

What do you consider to be your biggest adventure?

No thrilling adventures that I would reveal publicly!!

What do you consider to be your greatest achievement?

One great achievement so far is surviving and completing my honours research project, the presentation, and getting the work published in a journal.

How do you unwind after work?

I go for walks, or watch TV to unwind.

What are your hobbies?

Eating out, music and sport.

What do you need more of?

I need more time and energy to do all the things I want to do.

What is one thing that you cannot live without?

I can't live without family, friends and the mobile phone!

What would you do or change to improve the ACMAV?

I've only just become a member, so it's a hard one to answer ... probably wider advertising to attract new members.



Would you like to appear in "Getting to know...?"

Simply send in your answers to these questions to ACMA House or to the editor via email. And don't forget to send in a photo of yourself! (Digital photo preferred.)



Sn a psh ots ...



The elixir of health in the hands of Mee-Yoke Ling, with guest speaker Benny Foo and GP Wei Gu at the recent Nutritional Health update seminar.



On the pulse! Michelle Lui and Jenny Huynh “manning” (!) the ACMAV booth at the **Buddha’s Day Multicultural Festival** at Federation Square, 4th May.



An attentive audience of junior doctors and medical students at the inaugural Careers in Medicine Seminar.

Thanks also go to the rest of the “team” who helped out at the Buddha’s Day Festival: Helen and Helena Ng, Cindy Lee Wong, Jun Yang and Adrian Mar.



Fun with friends at the ACMA(NSW) Conference: (l to r) Benny Foo, Wendy Cheng (WA), Pauline Foo and Allen Liang (NZ; new ACCMA President).



Dr Ng Seng Tarn at the height of his powers—calculating BMIs at the Buddha’s Day Festival.



CLASSIFIEDS

ACMAV Annual Conference, 18th - 19th October *Register Now for Early Bird Special!!*



A range of exciting educational topics are in store for you, as well as an exhilarating social program, including a visit to the Museum, the IMAX and a 10-course banquet at Shark Fin House.

Contact ACMA House on 9899-6380 for registration forms.

Medical Centre In North Balwyn - Seeking GPs

Full time and part time general practitioners are wanted for purpose built medical centre in a busy location. It's mixed billing with visiting specialists, practice nurse, on-site pathology and allied health practitioners. Flexible hours. Please contact Dr Goh on 98575065 or AH=0408078168

COMMENCEMENT OF PRACTICE

Dr Paul H C Lau MBBS, FRANZCR wishes to announce the opening of the latest radiology practice of Future Medical Imaging Group (FMIG) at 347 Ascot Vale Road, Moonee Ponds, providing 1.5 Tesla MRI, Multi-slice CT, General, Musculo-skeletal and Vascular Ultrasound, DEXA, Mammography, Interventional Radiology, Fluoroscopy and General X ray services including OPG/Lat Ceph.



Address: 347 Ascot Vale Rd, Moonee Ponds, 3039
Telephone: (03)9375 3400; Fax: (03)9375 3800
Email: phclau@fmig.com.au



STUDY RECRUITS STILL NEEDED FOR ACMAV SPONSORED STUDY

Patients with depression who need to start on an antidepressant medication or need to change to a new medication.

Medical practitioners are invited to refer patients for a study of antidepressant treatment in Chinese patients. Study will provide medication and a comprehensive assessment . Patient must be referred before they start antidepressant medication.

For more information please contact **Dr Chee Hong Ng 9420 9350** or **Agnes Fan 0403 136 778**.
Study conducted by The Melbourne Clinic, University of Melbourne, and supported by ACMAV.



ACMA (SA) 2003 Annual Scientific Meeting

A exciting program is planned for you, featuring topics such as the Human Genome Project and Advancement in IVF Technology.

Date: Saturday, June 7th, 2003

Venue: Radisson Playford Hotel, North Terrace,
Adelaide

For more information, please contact the ACMA House on 9899-6380, or email secretary@acma.net.au.

Membership Application Forms - Now Available !!

Help Recruit New Members!

Please pick up new membership forms and copies of Qi from ACMA House or at future functions to had out to friends and colleagues.

Remember, if you join now, the membership year will last until December 2004!